

76. Old Testament Tribulation Terms and Expressions

Tribulation Term	Old Testament Reference
Birth pangs	Isa 21:3; 26:17-18; 66:7; Jer 4:31; Mic 4:10 (cf. Jer 30:6)
Day of the Lord	Ob 15; Joel 1:15; 2:1, 11, 31; 3:14; Am 5:18, 20; Isa 2:12; 13:6, 9; Zep 1:7, 14; Eze 13:5; 30:3; Zec 14:1
Great and terrible day of the Lord (LXX)	Mal 4:5
Day of wrath	Zep 1:15
Day of the Lord's wrath	Zep 1:18
Day of distress	Zep 1:15
Day of trouble	Zep 1:15
Day of desolation	Zep 1:15
Day of vengeance	Isa 34:8; 35:4; 61:2; 63:4
Day of Jacob's trouble	Jer 30:7
Day of darkness and gloominess	Zep 1:15; Am 5:18, 20; Joel 2:2
Day of clouds and thick darkness	Zep 1:15; Joel 2:2
Day of trumpet and battle cry	Zep 1:16
Day of alarm	Zep 1:16
Day of the Lord's anger	Zep 2:2-3
[Day of] destruction, ruin from the Almighty	Joel 1:15
Day of calamity, distress	Dt 32:35; Ob 12-14
Trouble, tribulation	Dt 4:30; Zep 1:16
One week (Daniel's Seventieth Week)	Da 9:27
Time/day of trouble, distress	Da 12:1; Zep 1:15
The indignation	Isa 26:20
The overflowing scourge	Isa 28:15, 18
The fire of His jealousy	Zep 1:18

Unless otherwise noted, the NKJV is used in this chart.